National Convention on World Homoeopathy Day, New Delhi
National Homoeopathy Research Institute in Mental Health (NHRIMH), Kottayam inaugurated
Padma Shri VAIKYA Rajesh Kotecha joins as Special Secretary, Ministry of AYUSH, New Delhi
3rd International Yoga Day (IDY) 2017, New Delhi

IMPORTANT MEETINGS
Standing Finance Committee Meeting, New Delhi
Meeting of the Special Committee for Clinical Research, New Delhi
7th Meeting of Special Committee of Homoeopathic Pathogenetic Trial (Drug Proving), New Delhi
Meeting on Government e-Marketplace (GeM), New Delhi

IMPORTANT VISITS
Onsite review and Workshop on Orientation of Drug Proving Protocol of the Council, Hyderabad

WORKSHOPS/TRAINING PROGRAMMES/Seminars/CMES ORGANISED
CME programme, Kolkata
Organization of Demonstration e-office product suite

PARTICIPATION IN SEMINARS/CONFERENCES/SYMPOSIUMS
Workshops conducted for "General Awareness & Propagation" of Extra Mural Research Scheme of Ministry of AYUSH, Kolkata
Second edition of National Health Editors’ Conference on Yoga, New Delhi
72nd LMHI Congress

PARTICIPATION IN AROGYA/HEALTH MELAS & CAMPS
National Arogya Fair 2017, Chennai
2nd India International Health and Wellness Exhibition-The Yogshala Expo-2017, New Delhi

MISCELLANEOUS
Examination Under Hindi Shikshan Yojana, New Delhi
Anti-terrorism Day, New Delhi

RESEARCH UPDATES

OBITUARY
Homoeopathic Research Work of the Council
An ensemble of valuable and quality publications

1. Drug Monograph
2. Disease Monograph
3. Drug Proving
4. Clinical Research
5. Mother & Child Health (MCH)
6. Clinical Verification
7. Drug Standardisation
8. Literary Research

Note:
- For dispatch of books, readers are requested to send their requirement (List of books only) first.
- The cost of postage (by speed post) and books payable shall be intimated by the Council.
- The readers are to send the payment by Demand Draft in favour of Director General, CCRH, payable at New Delhi.
- Weight of the books is mentioned for convenience of readers to get the speed post charges calculated.
- Books will be dispatched after receipt of Demand Draft.
- Website – www.ccrhindia.nic.in, Email – ccrhpublications@gmail.com

CENTRAL COUNCIL FOR RESEARCH IN HOMOEOPATHY
Ministry of AYUSH, Govt. of India
Jawahar Lal Nehru Bhartiya Chiktsa Avum Homoeopathy Anusandhan Bhawan
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From the Director General's Desk

At the outset, I congratulate Padma Shri Vaidya Rajesh Kotecha for taking charge of Special Secretary in the Ministry of AYUSH. He has a vast clinical experience and has handled several portfolios in the field of Ayurveda. CCRH welcomes him and hopes to achieve new milestones of development and research under his dynamic leadership.

I am glad to apprise the major events of this quarter to our esteemed readers. National Convention on World Homoeopathy day was organized to commemorate 262nd birth anniversary of Dr. Samuel Hahnemann, founder of Homoeopathy at New Delhi on 9th and 10th of April 2017. The conference was inaugurated by Hon'ble Minister of AYUSH, Sh. Shripad Yesso Naik and the theme was 'Enhancing Quality of Research in Homoeopathy'. About 400 delegates from different parts of country including doctors, students and researchers and three eminent resource persons from overseas actively participated. On this occasion Lifetime Achievement award as researcher was given to Prof. A. R. Khuda Bukhsh, Best Teacher and Researcher Award to Prof. (Dr.) C. Nayak, Young Scientist award was conferred jointly to Dr. Debdatta Nayak and Dr. C. R. Patil and Best Research Paper award was conferred jointly to Dr. Kusum Chand and Dr. Archana Narang. I congratulate all of them for achieving this milestone.

Inauguration of National Homoeopathy Research Institute in Mental Health by Hon'ble Minister of AYUSH, Sh. Shripad Naik on 26th May at Kottayam was marked as another important event of the quarter. This pioneer institute has an indoor facility to treat patients with psychiatric disorders.

A three member delegation consisting of Director General, CCRH, Dr Raj K. Manchanda, Advisor(Homoeopathy) Ministry of AYUSH, Dr. Kanwal Sethi and Scientist-3 at Regional Research Institute (Homoeo) Mumbai, Dr. K.C. Muraleedharan attended 72nd LMHI Congress at Leipzig, Germany from 14-17 June, 2017. 1300 delegates from 60 countries participated in the congress with 149 research paper presentations and 62 poster presentation. Two research papers on 'Homoeopathy in Epidemics: Building up Evidence' and 'Impact of long term Homoeopathic treatment on disease progression in ART naïve HIV patients- a case series' were presented by Dr Raj K. Manchanda and Dr. Muraleedharan respectively. Dr. (Mrs.) Kanwal Sethi deliberated on 'Role of Ministry of AYUSH in promoting Homoeopathy in India'. Two separate Memorandum of Understanding were signed between the CCRH and Scientific Society of Homoeopathy (WissHom), Germany and Institute for the History of Medicine of Robert Bosch Foundation (Stuttgart), Germany.

Three important meetings held in this quarter include Standing Finance Committee under the Chairmanship of Shri P.N. Ranjit Kumar, Joint Secretary, Ministry of AYUSH, meeting of Special Committee for Clinical Research chaired by Dr. K.M. Dhawale and meeting of Special Committee for Drug Proving chaired by Dr. J.D. Daryani. The Council has adopted Government e-Marketplace (GeM) to facilitate on-line procurement of commonly used Goods & Services required both at Headquarters and peripheral institutes and units.

With profound grief, sudden demise of Sh. Raj Kumar Saxena, Upper Division Clerk at Council Headquarters and Sh. S. M. Debbarma, Peon at Regional Research Institute, Agartala is reported. Council will always remember them as a dedicated and hardworking employees.
NATIONAL CONVENTION ON WORLD HOMOEOPATHY DAY

New Delhi: The second National Convention on World Homoeopathy Day was hosted by Central Council for Research in Homoeopathy (CCRH) in the capital city of Delhi (National Agricultural Science Centre) on 9th-10th April, 2017 under the aegis of Ministry of AYUSH, Govt. of India. Theme of the two day convention was “Enhancing Quality of Research in Homoeopathy” which was inspired by World Health Organization Traditional Medicine Strategy 2014-23 for achieving Universal Health Coverage (UHC). More than 400 delegates from all over the country including homoeopathic doctors, students and researchers attended the convention. About 11 oral presentations and many focused group discussions were held at the convention.

Inaugural Session

The convention was inaugurated by Hon’ble Minister of State for AYUSH, Sh. Shripad Yesso Naik and graced by Hon’ble Member of Parliament, Dr. Manoj Rajoria, Padma Shri Dr. V K Gupta, Shri P.N. Ranjit Kumar, Joint Secretary, Ministry of AYUSH, Shri A.K. Ganeriwala, Joint Secretary, Ministry of AYUSH, Dr. Lex Rutten and Dr. Martien Brands from Netherlands, Dr. Isaac Golden from Australia and Dr. Raj K. Manchanda, Director General, CCRH. Besides key policymakers, esteemed international and national scientists, homoeopathy practitioners and researchers participated in the convention.
The Inaugural session’s proceedings began with the traditional lighting of lamp by the dignitaries on the Dias. Hon’ble Minister of AYUSH, Sh. Shripad Naik, in his address expressed his pleasure that CCRH is not only sensitizing its scientists on contemporary methods of research regularly, but also spreading its wings to collaborate with reputed international and national institutes that are known for their excellence in various streams of science like quantum physics, bioengineering, virology, chemistry, botany etc. He informed that Council is proactively interacting with reputed institutions/universities for joint research projects. So far MOU’s have been signed with IPN University, Mexico, Royal London Hospital of Integrated Medicine, U.K., University of Armenia, College of Ontario, Canada and University of Maimonides, Argentina. Recently, during the World Integrated Medicine Forum, Council has signed a MoU with Homoeopathic Pharmacopoeia Convention of United States and PCIM&H for joint research work and harmonization of Indian and American Homeopathic Pharmacopoeias.

Dr. Manoj Rajoria informed the gathering that the Government of India is putting in all efforts to develop centers of excellence in Homoeopathy. He emphasized on strengthening research infrastructure along with latest trends in drug validation, prognostic factor research, role in public health & epidemics by means of high quality research including NABH accreditation, which is the need of hour. He also informed the gathering about the revolutionary step taken up by the Government to set four boards under NCH (National Commission for Homoeopathy) for the regulation of undergraduate education; post-graduation education; accreditation and assessment of institution; and regulation of the practice of the profession. Sh. Rajoriya highlighted the importance of research for scientific advancement of Homoeopathy. He requested the Honorable AYUSH Minister to expedite the process of development of CRI, Jaipur so that the Council continues to progress in the arena of homoeopathic research and bring about the much needed research outcomes. He also informed that Government will assure to extend its full support to propagate Homoeopathic System of Medicine.
Sh. P.N. Ranjit Kumar, Joint Secretary, Ministry of AYUSH informed the gathering about the interesting journey of Homoeopathy in India and how deeply it is rooted in the Indian system of medicine. While speaking about the Holistic and patient centric character of Homoeopathy, he emphasized that it was the biggest strength of Homoeopathy and thus responsibilities of AYUSH system increases. He informed that in National Health Policy 2017, AYUSH is mentioned as a part of mainstream medicine. He briefed about the four essential pillars of this policy:

(1) Prevention i.e. sick care to healthcare.
(2) Affordable Healthcare i.e. universal primary healthcare for all.
(3) Empowering citizens and quality patient care i.e. emphasis upon the rights of the patient.
(4) Using India’s inherent Innovation ability to fight the challenges of healthcare sector.

He concluded his speech with the remarks that we have the entire national public Health challenges before us and we have a fair chance to address them and also to find the right place of Homoeopathy under the sun.

Sh. A.K. Ganeriwala, Joint Secretary, deliberating his views on WHD 2017

Sh. A.K. Ganeriwala, Joint Secretary, Ministry of AYUSH highlighted the various initiatives which the government is taking towards promoting and projecting the knowledge and science of Homoeopathy with more infrastructure development and more international cooperation and improving more global footprints. He also stated that India is a world leader in Homoeopathy in terms of infrastructure, human resource and research facilities.

Dr. Raj K. Manchanda, Director General giving his welcome address
Dr. Raj. K. Manchanda, Director General, CCRH introduced the gathering about the theme of the convention i.e. 'Enhancing Quality of Research in Homoeopathy'. He also informed that since its discovery, Homoeopathy has made a lot of progress but still lot more have to be done. He said that real tribute to Dr. Hahnemann from all of us is that we take pledge that we have to contribute in Homoeopathic Research by whatever way we can. He thanked the AYUSH Minister and Hon'ble Member of Parliament for gracing the occasion.

On this occasion souvenir, Activities & Achievements-2017: An Overview and a Documentary on Research in Homeopathy were released by Hon’ble Minister of AYUSH.

On the directions of Ministry of AYUSH, Govt. of India, Council formulated Award Scheme 2016-17 to encourage students, teachers, doctors, scientists as well as general public for development of Homoeopathy as a scientific method of treatment to serve our society.

On the occasion of the National Convention, awards for the year 2016-17 were distributed under four different categories i.e. Best Research Paper, Young Scientist, Lifetime Achievement and Best Teacher Award by Minister of State (Independent Charge) for AYUSH, Shri Shripad Yesso Naik on 10th April 2017.

LIFE TIME ACHIEVEMENT AWARD IN HOMEOPATHY:

The Life Time Achievement Award bestows to work that have contributed significantly in unique or innovative findings, theoretical constructs, educational approaches or practices and/or have made exceptional practical application(s) of others' research. The Award recognises distinctive and exemplary contributions in Homoeopathy research/practice.

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<tr>
<th>Category of Award</th>
<th>Name of Awardee</th>
<th>Award Amount</th>
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<tbody>
<tr>
<td>Life Time Achievement</td>
<td>Prof. A.R. Khuda Buksh, Ph.D, head, Deptt. Of Zoology, University of Kalyani</td>
<td>Rs. 5,00,000/-</td>
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A gold plated medal, a memento with a citation highlighting his creditable and exceptional contribution to Homoeopathy was also given.
BEST TEACHER AWARD:

The purpose of the award is to give recognition to the eminent teacher who has contributed significantly for enhancing homoeopathic knowledge and practices. The award is to be given to the best teacher in the field of Homoeopathy for contributing a great deal of service in different spheres of activities in Homoeopathy separately.

The Best Teacher Award was given to:

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<tr>
<td>Best Teacher</td>
<td>Prof. Dr. C. Nayak, President, Homoeopathy University, Rajasthan.</td>
<td>Rs. 5,00,000/-</td>
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A memento with a citation highlighting his exemplary and untiring work in Homoeopathy was also given.

YOUNG SCIENTIST AWARD IN HOMOEOPATHY:

The Best Young Scientist Award is for promoting excellence and recognizing outstanding contributions made by research scientists for their work in the field of Homoeopathy during last five years preceding the year of the award. The Award aims to celebrate individual excellence in research.

Young Scientist Award was jointly conferred to Dr. Debadatta Nayak, RO (H), CCRH hqrs and Dr. C. R. Patil, Professor and Head, Department of Pharmacology, R.C Patel Institute of Pharmaceutical Education and Research, Shirpur, Dhule, Maharashtra.

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<tr>
<th>Category of Award</th>
<th>Name of Awardee</th>
<th>Award Amount</th>
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<tbody>
<tr>
<td>Best Young Scientist</td>
<td>Dr. Debadatta Nayak</td>
<td>Rs. 1,00,000/-</td>
</tr>
<tr>
<td></td>
<td>Dr. C. R. Patil</td>
<td>Rs. 1,00,000/-</td>
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A memento and a citation highlighting the significant contributions was given to both awardees.

Winners after receiving their awards from Hon’ble Minister of AYUSH, Sh. Shripad Naik & Hon’ble Member of Parliament Dr. Manoj Rajoria
BEST RESEARCH PAPER AWARD IN HOMOEOPATHY:

The Research Paper Award is in recognition of the importance of published research papers for developing, promoting quality contribution to research and writing among scholars and disseminating knowledge for the benefit of current and future practice of Homoeopathy.

The Best Research Paper award was jointly given to Dr. Kusum Chand, HOD- Homoeopathy, Max Super Speciality Hospital and Dr. Archana Narang, Reader NFSG, Department of Surgery, Dr. B.R. Sur Homoeopathic Medical College and Hospital in the clinical research category. The details are as follows:

<table>
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<tr>
<th>Category of Award</th>
<th>Name of Awardee</th>
<th>Award Amount</th>
<th>Research Paper</th>
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A memento and a citation highlighting the impact of research paper was given to both awardees.

Scientific Sessions and Group Discussions at a Glance

To showcase the key areas of homoeopathic research, strengthening research, NABH accreditation, Quality data presentation, Quality indicators for clinical trials, integrated management of chronic diseases, scope of future research, Prognostic Factors research, implanting quality within the researcher and the challenges in research in homoeopathy. Similarly focused group discussions were organized in the Conference Room on the Report of the NITI Aayog Committee on the reform of the Homeopathy Central Council Act, 1973 and Indian Perspective of regulation of homoeopathic medicinal products.

On Day 1, Main Hall witnessed the first scientific session where speakers deliberated upon the theme – the key areas and challenges in research in homoeopathy. During the session the speaker, Dr. Raj K. Manchanda, Director General CCRH, spoke on generating Scientific Evidence for Scientific propagation of research outcome thereby integration in national healthcare. He also suggested to use standardized guidelines like HOME-CASE guideline for case reporting in Homoeopathy which is needed for the quality case report publication. He emphasized on protocol development with proper literature review, ethical clearance, technical and administrative approval from experts and choosing correct outcome measures. Dr. Isaac Golden (Australia) deliberated upon planning, execution, analysis, publication and promotion for quality of research in Homoeopathy. He emphasized that for epidemic research randomized control trial is not suitable study design instead observational and cohort studies need to be conducted in epidemic situation.
The second scientific session was chaired by Dr. J.D. Daryani, Chairman, special committee for drug proving, CCRH and by Dr. Kanwal Sethi, Deputy Advisor Homoeopathy, Ministry of AYUSH. The first presentation was by Dr. Chaturbhuj Nayak who deliberated upon the need and process for strengthening infrastructure in the homoeopathic colleges for undertaking research. He concluded by saying that research should be comprehensive, comprehensible, result oriented and of high quality. Dr. L.K Nanda, former Principal cum Superintendent Dr. AC Homoeopathic Medical College & Hospital, Bhubansewar, presented case report on petrous meningioma. The last speaker of this session was Dr. Vandana Siroha, Deputy Director NABH, QCI, who discussed in detail the NABH accreditation in homoeopathic hospitals. She detailed the importance of quality accreditation and how the Quality Council of India, through the NABH has developed quality standards for medical institutes in the country.

The third scientific session was chaired jointly by Dr. Radha Das, Former Advisor Homoeopathy, Ministry of AYUSH and Dr. Ashok Sharma, Deputy Director, Delhi Government. Dr. Martien Brands started his presentation by highlighting the gaps between Homeopathy and conventional medicine. He said that Homeopathy had a different discourse from conventional medicine, as conventional medicine is Organ narrative, while Homeopathy is systemic narrative. Dr. Brands then took the audience through a software tour by showing various links including the login page, data recording page, diagnosis page, investigation and treatment plan page, differential diagnosis page and finally the consultation page. He then discussed how this software can be a great tool in India and how it can be of help to CCRH researchers in today’s digital world. Dr. Brands also spoke on the kind of analysis of data that are possible through PGR software. Dr. Anil Khurana, Deputy Director General, CCRH presented his views on “Quality Indicators for Clinical Trials in Homoeopathy”. He opened the session by discussing the safety issues and efficacy of clinical trials. He defined the clinical trial and discussed about the flow of data process in the clinical trial. Goals and steps of initiating a Clinical Research with its pre-requisite was put forth with domains of Model Validity. He concluded the session by summarizing the key points to bring about high quality clinical trials and stated that the outcome of a clinical study in a most methodical and scientific way will yield useful results to the profession and in the larger interest of public benefit.

A parallel group discussion was also organized in the Conference Room on the 'Preliminary Report of the NITI Aayog Committee on the Reform of the Homoeopathy Central Council Act, 1973'. The key discussants were Dr. J.D Daryani, Dr. V.K Chauhan, Dr. V.K Khanna, Dr. L.K. Nanda, Dr. K.M. Dhawale, Dr. Chintu Srinivas Rao and Dr. Manish Bhartiya. With regard to the composition of the ACH (Advisory Council for Homoeopathy) & NCH (National Commission for Homoeopathy), the discussants were of the opinion to have more members from the homoeopathic fraternity rather from allied fields. The discussants vouched for a common AYUSH NEET examination which would improve the quality of students entering AYUSH streams. Lot of deliberations were done on the various aspects of the Bill by the discussants and DG, CCRH moderated the entire session.

Day 2, Fourth Scientific Session was organized in the Main Hall under the chairmanship of Dr. R.K. Marwah and Dr. Raj K. Manchanda, Dr. Kusum S. Chand, Sr. Physician and Consultant, Head of Dept. of Homeopathy at Max Healthcare, Vaishali, presented paper on integrated management of chronic diseases.

She elaborated through two evidence based case reports that an integrated approach to the treatment of chronic disease may be the answer in this era of drug resistance and low immunity.

Dr. Anisur Khuda Bukhsh spoke on “Present status of our gene regulatory hypothesis to explain the molecular mechanism of biological action in all living organisms and Scope of further research”. He reasoned that the major
issues in homeopathy need authentic scientific explanations viz. ultra-high dilution, Physico-chemical aspect or mechanism of action, and principle *similia similibus curentur* etc. He also shared results of some controlled studies conducted with scientifically accepted protocols.

Dr. Isaac Golden and Dr. Anil Khurana chaired the Fifth Scientific Session. Dr Lex Rutten in his opening remarks stated that more than 150 RCTs have been conducted in the profession so far which convey that proof of Homoeopathy is not inferior to proof of conventional medicine. Despite the immense efforts and costs involved, RCTs haven’t been able to gain much scientific recognition for Homoeopathy and neither have they done any good to the patients. He informed that the question of importance for a patient “does this medicine work for me? is not answered by the RCT. He then explained about Bayes’ theorem and Prognostic Factor Research (PFR) which can help to validate the symptoms of the medicines and the probability that the medicine will work when prescribed on the basis of the symptom. This research can help the Homoeopathic community gain considerable respect from the scientific community and at the same time bring science closer to Homoeopathy’s own scientific identity i.e. personalized medicine. In conventional medicine, though PFR is still little developed, there is growing awareness that prognosis of the effect of a medicine in the individual patient is more important than diagnosis. Also suggestions were made by speaker that based on the results of the PFR, treatment algorithms can be made enabling doctors with little knowledge of Homoeopathy to successfully prescribe Homoeopathy instead of antibiotics in this era of increasing Antimicrobial resistance. The presentation by Dr. Kumar Dhawale talked about the qualities that a Homoeopathic Researcher should possess. While talking about the qualities of a Homoeopathic Researcher, he explained that while a good clinician does introspect and review his work in his own way and in his own space, a researcher aims to generate/validate knowledge in a planned way aiming to address the pressing issues of the day and beyond. Based on all these experiences and results over the past 09 years, an online course in Homoeopathic Research Methodology and Biostatistics which would help research organizations to suitably equip their research workers at different levels was developed, the outline of which was discussed by Dr. Dhawale. In his closing remarks, he emphasized on the need for appropriately organized Research Training in Homoeopathic Research which should be based on Action learning principles.

In the parallel Group Discussion at conference room Dr. Srinivas Rao, Assistant Advisor (H) presented the public response received on the Draft notification of amendments in Drugs & Cosmetics Act, 1945, which was notified in month of February, 2017. Mr. Praveen Kumar Mittal informed about how the fairs and melas help the exchange of ideas with researchers & manufacturers. He informed about International Arogya Wellness Fair going to be held in December and invited all the stakeholders and industrialists to participate actively, which will publicize the Indian homoeopathic industry globally and the registration process to export the products will also clarify. Dr. Rajeev Kumar Sharma presented the details of Vol. I-X of Homoeopathic Pharmacopoeia of India (HPI) and stressed on the
aim to develop the Finished Product Standards (FPS) studies of the drug. HPI has published FPS studies for more than 250 drugs and developing more, he added. Dr. G.V.R Joseph presented the mandate of HPL for testing and checking the samples received from various manufacturers, focused on challenges faced by Homoeopathy for standardization and availability of raw materials. In concluding remarks, Sh. Anil Kumar Ganeriwala emphasized on the potency and GMP for homeopathic drugs, not to sell in loose packing and finalization of new clinical trial document which has to be placed in the next meeting of Drug Technical Advisory Board (DTAB). Dr. Raj.K. Manchanda stressed on the safety & efficacy issue, which is mentioned in the Schedule Y of Drug & Cosmetics Act, 1945 and Schedule Y1 is being drafted for homeopathic drugs. He also suggested to connect PHD Chambers with industries FICCI. Converging of Pharmacopoeia is needed to be done, he added. He presented the recommendations/lessons of WIMF held on 23rd-24th Feb, 2017 at Hotel Ashoka, New Delhi. It was recommended by attendees from India and abroad to conduct this kind of forum after every two years. It was also informed that MoU has been signed with HPUS during the WIMF. In concluding remarks, he shared that Council is doing the research in respect to validation and scientifically justified manners to grow homoeopathy globally.

Dr. S.P Singh added that in HPI, caution is mentioned for toxic drugs, in the lines of safety of the drug. Dr. D.R Lohar suggested to take help from industries to provide raw drug materials and related data for preparation and for lay down the standards. Dr. S.P.S Bakshi shared the problem of non-availability of established laboratories to prepare and checking of the quality standards of the drugs.

Exhibition of CCRH

A stall, exhibiting the activities and publications of the Council was put up for this 2 day convention. The priced and non-priced publications of the Council were displayed and were the centre of attraction for attending delegates. The dignitaries and the professionals who visited the stall appreciated the work done by the Council and also praised the method of dissemination of the outcome of the research work for the benefit of fraternity and public.

The non-priced publications which were displayed consisted of the handouts related to description, preventive measures and frequently used homoeopathic medicines for common ailments of children, during pregnancy and some of the common infectious diseases prevalent in the country. Many practitioners and professionals showed keen interest in these handouts and complimented that these can inspire common man for getting treated with homoeopathic medicine.

Valedictory Session

During the valedictory session, Dr. Anil Khurana in his vote of thanks marked the convention as a significant milestone for homoeopathic fraternity and appreciated the efforts of every member of the organizing team to make the event a well-organized one. He expressed his gratitude to all the executive members of CCRH and all those whose contributions made this convention a great success. In the valedictory session mementos were presented to the participants.
National Homoeopathy Research Institute in Mental Health (NHRIMH), Kottayam inaugurated

Kottayam: The National Homoeopathy Research Institute in Mental Health (NHRIMH), formerly known as Central Research Institute for Homoeopathy, Kottayam; an Institute under Central Council for Research in Homoeopathy, Ministry of AYUSH, Government of India has been providing excellent and quality services to patients for the past 42 years and conducting clinical research in various disease projects especially in Psychiatric disorders. It is the only Institute in India for the inpatient management of Psychiatric disorders in Homoeopathy. On account of the ideal, admirable work of CRI (H), Kottayam, the Ministry of AYUSH, Govt. of India has recently upgraded this Institute as “National Homoeopathy Research Institute in Mental Health (NHRIMH)”. With this, the Institute is expected to develop as a global centre for Mental Health in Homoeopathy. The Ministry of AYUSH has also accorded sanction to start Post graduate courses in Practice of Medicine and Psychiatry, Ph.D programmes in Homoeopathy and paramedical courses. Also MD programmes in two streams (Psychiatry and Practice of Medicine) has been sanctioned with 10 seats each and will be affiliated with the Kerala University of Health Sciences, Thrissur.

NHRIMH was inaugurated by Sh. Shripad Yesso Naik, Hon’ble Minister of State (Independent charge), Ministry of AYUSH, Govt of India on 26th May 2017 in the Institute auditorium. Smt. K.K. Shailaja, Hon’ble Minister for Health and Social Justice, Govt. of Kerala, was the Chief Guest and Sh. Kodikkunnil Suresh, Hon’ble MP presided over the function. Sh. C.F. Thomas M.L.A., Dr. M.K.C Nair, Hon’ble Vice Chancellor, Kerala University of Health Sciences, Thrissur and Sh. P.N. Ranjit Kumar, Joint Secretary, Ministry of AYUSH also graced the occasion. Welcome address was given by Dr. Raj K. Manchanda, Director General, CCRH. While addressing the gathering, Sh. Naik said that result oriented research was needed for Institution like NHRIMH to emerge as a leading players in the field not just in India but at the international level. Vote of thanks was given by Dr. K.R. Janardanan Nair, Officer in charge, NHRIMH, Kottayam.
Padma Shri Vaidya Rajesh Kotecha joins as Special Secretary, Ministry of AYUSH

New Delhi: Renowned Ayurveda physician Vaidya Rajesh Kotecha has been appointed as Special Secretary in Ministry of AYUSH. The appointment is in line with the Centre's efforts to bring in specialists from the private sector in the government.

Dr. Kotecha did his BAMS and MD (Ayurveda) from Gujarat Ayurveda University, Jamnagar besides Certificate in Food & Nutrition from Indira Gandhi National Open University, New Delhi.

He has a vast clinical experience and has handled several portfolios in the field of Ayurveda. He has been honored with Padma Shri, 4th Highest Civilian Award in 2015.

CCRH welcomes him and hopes to achieve new milestones in Homoeopathic research under his dynamic leadership.

3rd International Yoga Day (IDY) 2017

Yoga is one of the oldest sciences of the world, a boon for preserving and maintain ones physical, mental and social health. International Day for Yoga was declared by the United Nations General Assembly (UNGA) on December 11, 2014 after Indian Prime Minister Sh. Narendra Modi's speech in the UN assembly. Since then International Yoga Day is celebrated every year on 21 June. This year the activities/festivities on the occasion ranged from national celebration at Lucknow to yoga day festivities in National Capital was marked by performance of Yog by thousands of Delhites at Connaught place, Lodhi garden, Nehru Park, Talkatora Garden, Lal Quila, Dwarka, Rohini and Khureji. The event was jointly organised by Ministry of AYUSH, Government of India and the New Delhi Municipal Council (NDMC). Supporting organizers were CCRH, New Delhi, MDNIY and Vivekananda Yogashram Hospital, New Delhi. The Yoga festival began a month before with practice of Yoga in morning hours; seven days a week where in local residents were encouraged to practice yoga for their well-being at Talkatora garden. Dr. Raj. K. Manchanda Director General, Central Council for Research in Homoeopathy, AYUSH coordinator of the signature event at Talkatora Garden visited the venue with his team of CCRH officials, days in advance to review the arrangements for the mass event. People were distributed the Common Yoga Protocol and special Yoga Day T-shirts. Qualified Yoga instructor from Vivekananda Yogashram Hospital and staff from Morarji Desai National Institute of Yoga were engaged to teach yoga to general public.

On 21st June, event started with Yoga based cultural programme to spread awareness about benefits of Yoga and engage more people into the event. It was followed by live telecast of speech of Hon'ble Prime Minister Sh. Narendra Modi from Lucknow. Sh. Manoj Tiwari, Hon'ble MP and Delhi BJP Chief and Dr. Manoj Rajoria, Hon'ble M.P. spoke on the occasion. Dr. Kanwal Sethi, Advisor, Ministry of AYUSH and Dr. Raj K. Manchanda, Director General, CCRH also graced the occasion.

More than 1300 participants at Talkatora Garden including 130 CCRH officials and staff members representing Ministry of AYUSH joined millions across the globe in practicing Yoga for Harmony and Peace. The yoga session was started at 7:00 am and various Yogasanas and Pranayams were performed followed by prayer. Yoga enthusiasts and participants of Yoga festival said that they have gained tremendously from this programme and will make Yoga part of their daily routine.
The 3rd International Yoga Day was also celebrated with great enthusiasm at peripheral unit and institutes under the Council.

Sri Alexin George IPoS, Senior Superintendent of Post Offices Kottayam Division, lighting the lamp on International Yoga Day. Dr.S.Gopinadha, Ro(H) S4, Shri Thulasidharan, Sr. Steno, Smt. S.Anjana, Principal, AVHSS, Kurichy, Dr.K.R.Janardanan Nair, Dr.R.Bhuvaneswari R, RO(H), Shri M.R.Balachandran, Yoga Acharya attended

Dr. K. R. J. Nair, Principal/Officer in Charge and other participants practicing yog on International Yoga Day, Kottayam
New Delhi: The 73rd meeting of the Standing Finance Committee (SFC) of CCRH was held on 8th May, 2017 in the Committee room of Ministry of AYUSH, under the Chairmanship of Shri P.N. Ranjit Kumar, Joint Secretary. The meeting was attended by members: Dr. Nandini Sharma, Sh. G.R. Raigar (representative of IFD), Dr. Suman Lakhanpal and Dr. Raj. K. Manchanda, Member Secretary and Director General, CCRH. Other special invitees were Dr. V.K. Gupta, Chairman, SAC of CCRH, Dr. (Mrs.) Kanwal sethi, Dy. Advisor (H), (AYUSH), Sh. Anshuman Sharma, Dy. Secretary (AYUSH), Sh. Kundan B. Sinha, Under Secretary (AYUSH), Sh. Govind Gautam, Consultant, MOA and Mr. Lakhanpal, Consultant, MOA. From Council, Dr. Anil Khurana, Deputy Director General, Sh. Hari Om Kaushik, Assistant Director (Admn.), Dr. Varanasi Roja RO(H), Mr. Sivanandan V., Accounts Officer and Mrs. Kanwaljeet Kaur, JAO attended the meeting.

The Committee approved manpower for conduction of health camps under Scheduled Caste Sub component Plan (SCSP) for the year 2017-18. Approval for continuation of Research Study on Dengue and Malaria were given by the Committee. The Committee also recommended the proposal for procurement of equipment for RRI (H), Gudivada and for Zebra Fish Lab in DDPCR(H), NOIDA. The Committee also recommended the proposal for facilitation services for recertification of ISO 9001:2015 BY NPC. The Committee recommended engagement of part-time consultant (Homoeo) at Virology lab at Dr. Anjali Chatterji Regional Research Institute for Homoeopathy. Further, proposal for extension of ‘Swasthya Rakshan Programme’ at CCRH institutes/units/Hqrs for further period of one year (2017-18) was recommended by the Committee.

Proposal for Engagements of contractual staff for operationalization and sanction of Rs. 46,41,700/- for the purchase of Laboratory Equipment for newly built hospital RRI(H), Agartala was also approved.

Meeting of the Special Committee for Clinical Research

New Delhi: 13th meeting of Special Committee for Clinical Research was held at Central Council for Research in Homoeopathy (CCRH) headquarters, New Delhi on 22nd May, 2017. The meeting was chaired by Dr. K.M. Dhowale and attended by members of special committee for clinical research Padam Shri Dr. V.K. Gupta, Dr. Ravi M. Nair, Dr. Somendu Adhikari, Dr. M. Nara Singh, Dr. N. Srinivasa Rao and Dr. Raj K. Manchanda, Member Secretary and Director General, CCRH. Scientists and technical officers of CCRH headquarters were also present in the meeting. The proceedings began with confirmation of the minutes of 12th meeting of Special committee for clinical research.

The committee noted the action taken on extension of one year for Schizophrenia RCT at CIP, Ranchi and Kottayam. It was suggested by the local members of the special and other committee should be involved while visiting the study sites. The committee was also informed about the review of NHMRC report 2015 which was under process to evolve parameters required for understanding the scientific studies of this genre. The committee discussed the status of ongoing clinical research studies and made their recommendations. The committee recommended stopping the study on iron deficiency anaemia at RRI (H), Imphal, RRI (H), Guwahati and CRI (H), Kottayam study. The committee suggested the local members of the SAC for a regular visit and inspection of the CCRH units closer to the base to assess the quality of work being carried out. The committee also suggested to publish Clinical Verification Volume 4 within stipulated time. Regarding approval of the study on Multi Drug Resistant Tuberculosis (MDRTB), the committee noted the recommendation of National Operational research committee meeting on TB held in the latter part of February to initiate a collaborative project with ICMR for the same. Protocols on ‘Chronic nonspecific low back pain’ & ‘Adenotonsillar hypertrophy’ were approved by the committee. The committee recommended Council to publish a book on ‘Homoeopathy in Sports Medicine’ and
carry out research projects in consultation with Sports Institute for integration and adoption of Homoeopathy in sports medicine.

The committee approved protocols on studies on Mucosal Cancer, adjustment disorders, PCOS, Cough, Post Chikungunya arthritis, Rheumatoid arthritis, UTI, Haemophilia and Trigeminal Neuralgia with a suggestion to prepare a therapeutic compendium of commonly indicated drugs in respective clinical conditions.

The committee approved the concept proposal 'Prevalence of selected objective signs of the muriatic family of Homeopathic Medicines' and suggested that the full protocol should be developed jointly under the Council's MoU with Universidad Maimonides, Argentina.

Other important recommendations made by the committee were:

- Orientation of allopathic consultants should be done during the training programme in all the studies they are involved in.
- The coordinator should visit the study sites within three months of initiation of any study.
- It was also suggested that online review process should be undertaken for better monitoring of the ongoing studies.

7th Meeting of Special Committee of Homoeopathic Pathogenetic Trial (Drug Proving)

New Delhi: 7th meeting of Special Committee of Homoeopathic Pathogenetic Trial (Drug Proving) under the Chairmanship of Dr. J.D. Daryani was held on 23rd May 2017 at Committee room of Central Council for Research in Homoeopathy (CCRH), New Delhi. Dr. Anil Khurana, Deputy Director General, CCRH convened the meeting as Member-secretary. The other members who attended the meeting were Dr. S.K. Bhattacharya, Dr. S.K. Tiwari and Dr. Alok Kumar. Dr. B.S. Arya, Officer-in-charge and Nodal officer for Drug Proving Research Programme, Dr. Pritha Mehra, Research Officer, Scientist-I, Co-ordinator for Drug Proving Research Programme and Dr. Karuna, Senior Research Fellow (H), Dr. D.P. Rastogi Central Research Institute of Homoeopathy were present in the meeting.

Dr. Anil Khurana, after formal welcome address by Dr. Pritha Mehra, apprised the committee about the progress and work done in Drug Proving Research Programme since the last meeting of the Special Committee. The proving data of two drugs were approved and it was recommended to take up proving on 10 drugs whose drug standardization studies have been completed by the Council and their therapeutic uses are scarcely available in the homoeopathic literature.
Meeting on Government e-Marketing (GeM)

New Delhi: A meeting was organised on 18th May 2017 at 11:00 am in the Committee room of CCRH Hqrs, New Delhi to create awareness among the staff members about purchasing goods through Government e-Marketplace (GeM). Shri Hari Om Kaushik, Asstt. Director (Admn.), made a presentation and explained to all, the GeM, launched on 9th August 2016, is a one-stop e-Marketplace to facilitate on-line procurement of common use Goods & Services required by various Government Departments/Organizations/PSUs. He explained the benefits of using GeM in govt. organisations. GeM will enhance transparency, efficiency and speed in public procurement while facilitating the government users in achieving the best value for the money. He emphasized that, one of the key aspects of using GeM is to minimize government’s human transactional interface, others being minimum pricing with maximum ease, efficiency and transparency. Sh. Kaushik also elaborated an important feature of GeM i.e. ‘Reverse Auction System’ in which after blocking the final price of an item there is also scope of reducing the price. It was further informed that GeM being in its nascent stage has less numbers of buyers and sellers. As the awareness will increase, more number of sellers & buyers will get associated with GeM.

Main features of GFR-2017 were also discussed. It was informed by Shri Kaushik that, the limit of Rs. 15,000/- under Rate 145 of GPR-2005 has been increased to Rs. 25,000/- under rates 154 of GFR-2005 and the limit of Rs 1,00,000/- for local purchase committee, under GFR 146, has been increased to Rs 2,50,000/- under GFR 155. Dr. Bindu Sharma, RO (H)/Scientist-4, being Chairman of the Purchase Committee at CCRH Hqrs also gave inputs regarding the purchase processes. The officers/officials clarified their doubts regarding Government e-Marketplace (GeM) and general financial rules.

All the participants applicator new provisions of GFR 2017 and purchase through GeM.

IMPORTANT VISITS

Onsite review and Workshop on Orientation of Drug Proving Protocol of the Council

Hyderabad: A workshop on orientation of Drug Proving Protocol of the Council was organized at Jeeyar Integrative Medical Sciences (JIMS) Homoeopathic Medical College and Hospital (JIMS HMC & H), Shamshabad on 6th May 2017. Dr. Anil Khurana, Deputy Director General, CCRH Hqrs and Dr. Pritha Mehra, Coordinator Drug Proving Research Programme, DR. D. P. Rastogi Central Research Institute of Homoeopathy [DDPR CRI (H)], Noida participated in this event as resource persons. Dr. Arvind Kothe, Director JIMS HMC & H, invited the guests to the
college and were briefed about the various departments, their development and infrastructure. Dr. Anil Khurana inaugurated a Research Unit on Homoeopathic Drug Pathogenetic trial and Dr. Mehra inaugurated the work station of the research unit.

The inaugural session began with the welcome address by Dr. Kothe.

Dr. Anil Khurana explained the evolution of the Drug proving protocol and analysis of data being done for various methodologies adapted and symptoms generated potency-wise. Dr. Pritha elucidated important aspects of the Drug proving protocol of the Council and modifications done recently.

On being requested to provide technical support and coded drug for providing, it was suggested to the authorities of the college to send the request so that it can be discussed in the forthcoming Special Committee meeting of drug proving.

The visiting team also reviewed the research projects namely, Diabetic foot ulcer RCT, Drug validation- Bronchial asthma and Pre-hypertension projects being carried out at DSU, Hyderabad. It was emphasized that the follow up should be done not only for the ulcer but for other physical and general aspects as this is important for individualized homoeopathic prescription following the principles of Homoeopathy. The Drug Standardization work at the unit was also reviewed.

**WORKSHOPS/TRAINING PROGRAMMES/SEMINARS/CMES ORGANISED**

**CME programme**

**Kolkata:** A Continued Medical Education programme (CME) on "Basic Concept Capacity Building of Health Care Set Up in Tribal Belt" was held on 13th and 14th May 2017 at Dr. Anjali Chatterjee Regional Research Institute, Kolkata, with the aim to train doctors working in tribal and remote areas in different parts of India, especially the East and North East regions. A total of 67 doctors participated in the programme.

The inaugural programme was graced by the presence of Dr. Dhruba Chakraborty, Member Governing Body, CCRH, Dr. Anil Khurana, DDG, CCRH, Dr. S.K. Nanda, Director, NIH, Kolkata, Dr. Satadal Das, Consultant (Virology) and Dr. D.B. Sarkar, Officer in Charge, of DACRR(R), Kolkata.

In the first scientific session, Dr. Samiran Panda from NICED (ICMR), Kolkata, delivered his presentation on screening, diagnosis and primary management of disease prevalent in tribal areas viz. Sickle cell anaemia, Malaria and Tuberculosis.
Dr. Dhruba Chakraborty, Chairman of the Institute of Health Studies and Rehabilitation, Durgapur, presented his concept of Genus Endemicus for leprosy and its practical application in tribal population. He shared his experiences of distributing Mercurius solubilis in 200 potency as genus endemicus for leprosy, in tribal villages of Durgapur Faridpur Block under Burdwan District of West Bengal. He shared the result of his long term observational follow up with the audience on such a dreaded disease.

Dr. Chandrasekhar Goda, form ICR, Mumbai, delivered his valuable research experience on Homoeopathic management of Scabies/skin diseases in tribal population of Adivasi (Tribal) children of Ashram Shalas (resident schools) in Palghar and Vikramgarh taluka, District Thane, Maharashtra.

Dr. Subhamaya Ghosh, Reader, Dept. of Pathology, Mahesh Bhattacharya Homoeopathic Medical College & Hospital, Howrah, made a presentation on Homoeopathic management of Sickle Cell Anaemia and Thalassemia patients. He also described aspects and necessity of publication and case reporting of such cases in numerous journals.

Dr. Divya Taneja, RO (H), CCRH, Hqrs. delivered presentation on Management of Anaemia and Nutritional deficiency, which is a major health hazard in tribal community, with live demonstration of clinical examination of pallor on delegates.

Dr. P.S. Chakraborty, RO(H), DACRRI, Kolkata discussed the major issues of water borne diseases in tribal pocket and its treatment with homoeopathic intervention. The outcome of scientific studies conducted by the Council so far, were presented.

On the second day of the programme Dr. Ashok Sharma, Deputy Director, Delhi Govt. deliberated on the issues of Traditional health belief of tribes and implementation of homoeopathic therapy in tribal health.

Dr. D. Nayak, RO (H), CCRH, delivered his lecture on prevention and management of vector borne diseases in tribal population, viz. JE, Malaria, Dengue and Chikungunia. While addressing these issues, the work done by the Council in these areas and role of Belladonna in JE and Bryonia alba in Chikungunia was presented.

Dr. Chetna Deep Lamba, RO(H), CCRH, presented the standard treatment guidelines formulated by CCRH for the treatment of a group diseases like ASOM, Psoriasis, Vitiligo, PCOS, BHP, ADHD, Depression and Diabetes Mellitus. The guidelines included the major important aspect like Case definition, Incidence, Pathogenesis, Clinical features and complications, Investigations, Differential diagnosis, Red flag signs, Assessment and evaluation, General and medicinal management and Algorithm of treatment procedure.

Dr. Anil Khurana, DDG, CCRH presented the homoeopathic case reporting guidelines to participants. He also explained the necessity of guidelines for documentation and emphasized on the importance of proper documentation of each and every case as that can prove base for future research. To make the session interactive, he asked the participants to analyze a case.

Organization of Demonstration e-office product suite

A demonstration programme on e-Office product suite was organized by IT Section CCRH to enable officers and staff of CCRH have an idea of e-office and to resolve queries on 25th April 2017 at CCRH Committee Room. A representative from National Informatics Centre has explained all the modules of e-office suite the officers and answered the queries. The staff of CCRH has shown there keen interest in the software and were of the view that the implementation of e-office will fasten and smoothen the work of Council.
The second edition of National Health Editors' Conference on Yoga, with a theme "Yoga for Health and Harmony," was inaugurated by Sh. Shripad Yesso Naik, Minister of State for AYUSH (Independent Charge) at National Media Centre, New Delhi on 9th June 2017. The conference was organized by Ministry of AYUSH in association with the Press Information Bureau (PIB), M/o Information & Broadcasting; and Central Council for Research in Yoga and Naturopathy as a part of celebrations of the 3rd International Day of Yoga on 21st June, 2017.

The Minister said that the International Day of Yoga is perhaps the only occasion where people across the globe come together in such a large number and take active participation. He added that the interest and zeal of participation in yoga is increasing considerably year by year due to which today yoga has become a household name in the real sense. He also stated that yoga has earned the global recognition in promoting positive health among people. Since treatments in the modern media hospitals are becoming expensive affairs for the people, yoga is gradually making new inroads into the health care system, he elaborated.

A 'Z-Card', containing the yoga protocol in brief was released. A small compendium 'Yoga for Depression' containing selected research papers was also released in this conference.

Replying to queries from the media, Sh. Naik disclosed that CCRYN is conducting a mega multicentric research study on efficacy of yoga on diabetes in which around 2.50 lakhs people have been screened and the preliminary results of this research study are very encouraging.

Shri C. K. Mishra, Secretary AYUSH, briefed the media persons about the activities being organized this year to celebrate the International Day of Yoga 2017. He said that every State will organize yoga events at the State/District/Sub-District level and the Ministry of AYUSH has also sought participation by educational institutions as well as trade bodies. Dr. K. K. Deepak, AIIMS, New Delhi spoke on Yoga and Stress Management; Dr. R. S. Bhogal, Kaivalyadhama, Pune talked about Yoga and Mental Health; Dr. Hemant Bhargava, SVYASA, Bangalore gave lecture on Yoga and Diabetes. There was a live demo of various yoga asanas done by a yoga expert.
Around 150 Health Editors and media persons from National, Regional and International media organizations attended the conference. Senior officers of PIB and Ministry of AYUSH were also present on the occasion. From the Council Dr. Raj K. Manchanda, Director General, Dr. Bindu Sharma, Scientist 4 and Dr. Jaya Gupta attended the conference.

72nd LMHI Congress

Leipzig (Germany): The 72nd congress of the Liga Medicorum Homoeopathica Internationalis (LMHI Congress 2017) was held in Leipzig, Germany from 14-17 June, 2017. Homoeopathic Fraternity from all over the world gathered and experienced the status of homoeopathic research prevailing in different countries. From India, a three member delegation consisting of Dr. Raj K. Manchanda, Director General, CCRH, Dr. K.S. Sethi, Advisor (H), Ministry of AYUSH and Dr. K.C. Muralidharan, Research Officer (H), CCRH participated in the Congress. In this event, MoUs were signed between CCRH and International Institutes of Repute (Scientific Society for Homoeopathy/WissHom), and IHM. The former collaboration aims at conducting replication of some basic and clinical research studies. However the collaboration with IGM would help in development of Archives of Homoeopathy in development of AYUSH Museum in India. These MoUs will also facilitate the exchange of information, documentation and scientific publication as well as the joint organization of conferences, seminars, workshops, symposia and exchanging experts for training of practitioners, scientists, teaching professionals and students.

Dr. Raj K. Manchanda, Director General actively participated in the congress. On 12th and 13th June he attended the Executive Committee meeting & International Council meetings of LMHI at Kothex. On 14th June, he attended the working group meeting on homoeopathic research and joint meeting of ECH & CCRH on Harmonization of Drug Proving guidelines. On 15th June, he presented a paper on Homoeopathy in epidemics: Building up Evidence.

Dr. K.C. Muralidharan presented his paper on impact of long term homoeopathic treatment on disease progression in ART naïve HIV patients- a case series.

PARTICIPATION IN AROGYA/HEALTH MELAS & CAMPS

National Arogya Fair 2017

Chennai: National Arogya Fair 2017 was held at Chennai Trade Centre, Nandambakkam, Chennai from 5th May to 8th May 2017. It was inaugurated by Dr. C. Vijaya Baskar, Honorable Minister for Health & Family welfare, Government of Tamil Nadu. The Welcome address was given by Mr. P. Ravindaran, Chairman, CII Tamil Nadu State Council, Special Address by Prof. Dr. R.S. Ramaswamy, Director General, Central Council for Research in Siddha, Ministry of AYUSH, Government of India, Mr. Mohan Pyare, IAS, Additional Chief Secretary & Special Commissioner, Directorate of Indian Medicine & Homoeopathy, Government of Tamil Nadu.

The Council participated in this event by putting up a stall for display and sale of Council’s Publications. Free OPD services (consultation and medicines) were also provided to the people visiting the Fair. Total 299 patients benefited from these services.
**Examination Under Hindi Shikshan Yojana**

**New Delhi:** Examination for Praveen and Pragya courses under Hindi Shikshan Yojana were organised at the CCRH Headquarters on 15th and 16th May, 2017. It was for the first time that CCRH Headquarters was made both ‘Study and Exam centre’ to facilitate its employees. Dr. Bindu Sharma, Hindi Liaison Officer and Centre Superintendent, ensured the smooth conduction of examinations. ‘Hindi Shikshan Yojana’ by Department of official language, Ministry of Home Affairs aims at, adequate Hindi training for all the employees/officials under Government of India.

**Anti-Terrorism Day**

**New Delhi:** Anti-Terrorism Day was observed on Friday, 19th May, 2017 at CCRH Headquarters, New Delhi. Every year it is observed throughout the country on 21st May. The day is observed to generate awareness among all the section of people about the danger of terrorism and violence and its effect on the people, society and the country as a whole. The objective behind the observance of Anti-Terrorism Day is to wean away the people from terrorism and violence. The staff participated actively in the discussion on the dangers of terrorism followed by Anti-Terrorism pledge.

**India - International Health and Wellness Exhibition - The Yogshala Expo-2017**

**New Delhi:** '2nd India International Health and Wellness Exhibition - The Yogshala Expo-2017' was held at Pragati Maidan, New Delhi from 16th to 18th June 2017. It was inaugurated by Sh. Subramaniam Swami, M.P. Acharya Sh. Jagdishji Maharaj, founder, Namo Ganga Trust, H.H. Pujya Swami Chidananda Swaraswati, Chief Patron, Namo Ganga Trust also graced the occasion. The Yogshala Expo presents full spectrum on Yoga, Meditation, Ayurveda, Naturopathy, Siddha, Unani, Homoeopathy.

Council participated in this Expo by putting up a stall for display and sale of Council’s publications. IEC materials both in English and Hindi were distributed free to create awareness about Homoeopathy and the researches being carried out in this field. Sh. Ramesh Bidhuri, M.P., Tughlakabad and Sh. Manoj Tiwari, M.P., Delhi, B.J.P. Chief, visited Council’s stall. Also good number of visitors showed their interest in Homoeopathy and Council’s publications displayed at the stall.

**MISCELLANEOUS**

**Examination Under Hindi Shikshan Yojana**

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Phytochemical analysis and evaluation of antioxidant potential of ethanol extract of Allium cepa and ultra-high homoeopathic dilutions available in the market: A comparative study

**Introduction:** As per statistics available with the WHO, 80% of the earth’s population rely on traditional medicine for their primary health-care needs and most of this therapy involves the use of plant extracts and their active components.

**Objectives:** To confirm the presence of alkaloids, fats, steroids, tannins, flavonoids, sugars, amino acids and saponins in Allium cepa extract. Method: A qualitative phytochemical analysis has been performed to confirm the presence of these components in Allium cepa extract and its homoeopathic formulations (mother tincture [MT], Allium cepa 30C and Allium cepa 200C). The total phenolic content, flavonoid content and antioxidant potential of the prepared extract and the various homoeopathic formulations have also been studied.

**Results:** Presence of various phytochemicals such as flavonoids, alkaloids, saponins, steroids, carbohydrates and amino acids have been confirmed in the prepared extract as well as the MT. According to calculations using Avogadro’s limit, preparations above 12C dilution should have no source material present. It is interesting to note that even though the formulations Allium cepa 30C and 200C are considered ultra-high dilutions, they gave a positive result for many phytochemicals. The total phenolic content, flavonoid content and antioxidant potential of the prepared extract and various homoeopathic formulations have also been studied.

**Conclusion:** The positive qualitative and quantitative results also reinforce the growing belief that Homoeopathy is not just a placebo effect but a ‘Smart medicine’ which may be working on the nanoscale. More research is required to understand various aspects.

**Available From:** http://www.ijrh.org/temp/IndianJReshomoeopathy11288-548525_022228.pdf

Comparative standardization study for determination of reserpine in Rauwolfia serpentina homoeopathic mother tinctures manufactured by different pharmaceutical industries using HPTLC as a check for quality control

**Background:** Rauwolfia serpentina (L.) Benth. ex Kurz (Apocynaceae) (Indian snakeroot), popularly known as Sarpagandha (Sanskrit), is used for the treatment of insanity, fever, snake bites, anxiety and in neuropsychiatric conditions. The antihypertensive actions of Reserpine are a result of its ability to deplete catecholamines (amongst other monoamine neurotransmitters) from peripheral sympathetic nerve endings which are normally involved in controlling heart rate, force of cardiac contraction and peripheral vascular resistance. **Objective:** Comparative study of Reserpine content in R. serpentina homoeopathic mother tinctures manufactured by different pharmaceutical industries and in-house mother tinctures applying high-performance thin-layer chromatography investigative techniques to facilitate the use of correct species.

**Materials and Methods:** The authentic samples of roots of R. serpentina were supplied by Centre of Medicinal Plants Research in Homoeopathy, Emerald, Tamil Nadu, India. Authentic plant material was used to prepare the mother tincture (as per Homoeopathic Pharmacopoeia of India). Reserpine (C_{18}H_{21}N_{2}O_{3}, M.P. 360°C, purity >99% w/w by high-performance liquid chromatography [HPLC]) was purchased from Sigma-Aldrich as a standard reference. The solvents for the study, namely, ethanol, HPLC water, toluene, ethyl acetate, diethylamine and chloroform were of analytical grade purity (MERCK Ltd.,) used throughout.

**Results:** Five samples of mother tinctures were used for the study, in-house mother tinctures (labelled: D and E) of R. serpentina shows a higher amount of Reserpine content than the marketed samples (labelled: A, B and C).

**Conclusion:** It may be concluded that mother tinctures prepared by authentic plants showed the excess amount of Reserpine rather than that of mother tinctures procured from the market.

**Available From:** http://www.ijrh.org/temp/IndianJReshomoeopathy112109-9840947_024400.Pdf
SUPERANNUATIONS

2. Dr. (Mrs.) B. Indira, Scientist 4, retired from CRIH, Noida on 31st May 2017.
4. Dr. Dubashi Ramesh, Scientist 4, retired from DSU, Hyderabad on 30th June 2017.
5. Dr. M.D. Arya, Scientist 4, retired from DDPR CRIH, Noida on 30th June 2017.

The Council wishes all of them a healthy and happy post-retirement life.
OBITUARY

27 April 1961 to 01 July 2017

Sh. Raj Kumar Saxena, UDC, CCRH passed away after sudden cardiac arrest on 01 July, 2017 at the age of 56 year. He had joined the Council on 01 September, 1984 as LDC and was promoted as UDC in the year 2013. Sh. Saxena had been a part of the CCRH family since early 1980s and actively worked in all areas of the Council. For a long time, he was a part of the co-ordination cell and his contribution towards the coordination has won him great respect in the organisation. Sh. Saxena will always be remembered as a dedicated and hardworking employee.

18 June 1962 to 20 June 2017

Sh. S.M. Debbarma, Peon, RRI(H) passed away after massive cardiac arrest on 20 June, 2017 at the age of 55 year. He had joined the Council on 17th January, 1985 as MCNW on Ad hoc basis and was regularized (MCNW) on 1st September 1988. He was promoted as Peon in the year 2010. Sh. Debbarma will always be remembered as a dedicated and devoted employee of the Council.